

SEPTEMBER 2011

The chill is definitely upon us but that hasn't slowed us down at Headway House. From visiting the Aquarium to having guest speakers Activity Day is thriving, the chill hasn't stopped the swimming group either. Liaison Services continue to be busy, offering support and advocacy to those with Brain Injury and their Families/Caregivers.

The rest of the country may be worked up in a World Cup Frenzy but for us at BIA H.B its Boccia that has our attention, with not long to go until our tournament in November, read on for details

We are looking forward to the next few months with some great events coming up and continuing to offer services to those who know us and to new clients who are always welcome to join.

The Team at BIA H.B

Office Hours

BIA H.B. Liaison Service is available Monday and Friday, **9am to 2.30pm**.
For enquiries or to make an appointment please call 8786875 or please leave a message and your phone number,
Dairne may be away from the office at times, but will call you back, as soon as she can.

2011 – 2012 Membership

Thanks to all those who have paid their membership fees, we are grateful for your support.

Membership allows those who have joined priority to speakers and seminars.

If you require a membership form or have any enquiries call the office or alternatively email admin@braininjuryhb.co.nz

Membership is always appreciated as it is a great support to BIA H.B and a great way to keep in touch with what's happening through our newsletter.

Upcoming Events



Blossom Festival

Cake Decorating Competition
16th 17th 18th September 2011

Floral Art
23rd 24th 25th September 2011

Antique & Craft Fair
19th & 20th November 2011

Entry is via a gold coin donation which is generously donated to Brain Injury Association H.B and the AT & R Unit at H.B Hospital.

Boccia Tournament
Sport Hawkes Bay

21st & 22nd November 2011

This for all you Boccia Fans, sign up to join the BIA H.B Team
Contact the office to be placed on the list or alternatively register at Activity Day
Closing Date 4th November

BRAIN INJURY AWARENESS WEEK
1st – 8th October

Volunteer Collectors urgently needed for Thursday, Friday or Saturday
Please contribute an hour of your time this will be greatly appreciated
Contact the office on 878 6875

Or email

admin@braininjuryhb.co.nz

With your name, contact details and preferred day and time available

Brain Injury Association Hawkes Bay

Website

Sangeeta Mahi is a student from EIT who has selected BIA H.B as the recipient of free website development as part of her final project. We are very grateful to be chosen and are excited to provide a new way to let people know who and where we are, also providing links to relevant agencies and another way to contact and interact with staff for clients and Family.

The website will go live in October

Support Groups and Programmes

Education and Support Group

A monthly support group for people who have a family member with a brain injury.

First Tuesday of each month, 7 till 9pm, at Headway House

Next one is on the 6th of September, please join us.

Judy Crewe is providing Education Training Sessions

Learn and gain coping strategies for dealing with a person with brain injury, In a safe environment that people feel confident to share their experiences.

Support each other with problems you are having with your family member.

An opportunity to get to know new people who understand.

Supper will be served

Napier Dinner Group

First Wednesday of every Month

Social Lunch Group

Third Monday of the Month

12.30pm at Café Gecko

239 Gloucester Street, Taradale

All welcome

Women's Support Group

We are starting a monthly women's support group and would like to get an idea of those that would be interested in attending and any volunteers who would like to help with the running of the group.

If you would like to register your interest please contact the office or email

liaison@braininjuryhb.co.nz

Activities Day

- Every Thursday 9.30am till 3.00pm, for people with brain injury.
- Socializing within a friendly & supportive environment
- Arts & Crafts
- Easy Exercise : Walks, Table Tennis, Boccia
- Daytrips & Outings
- Health & Safety Education
- Lunch provided \$5.00
- We play Boccia on the first Thursday of each month.

Swimming Programme

- Every Tuesday Morning, 9.15 till 10.00am at The Clive Heated Swimming Pool - \$2.50

Programme Enquiries

For all Programme and Support Group enquiries please phone 8786875 between 9am and 2.30pm or leave a message, alternatively email

liaison@braininjuryhb.co.nz
admin@braininjury.co.nz

University of Otago, Wellington – Brain Injury Research

We have been contacted by the Wellington School of Medicine and Health Science, Rehabilitation and Research Unit as they are looking for ten participants to participate in their research; they are researching self-identity and personhood after traumatic Brain Injury. Participation would involve filling out a questionnaire and answering additional questions about your thoughts regarding the questionnaire, it is estimated to take 60 – 90 minutes. If you would like further information or are interested in participating please contact Dairne (Liaison) on 06 878 6875 or email liaison@braininjuryhb.co.nz